

# WAVE 3 TRANSFORMATION CHALLENGE

2023

2024

CYCLE	COACH & PARTICIPANT REGISTRATION WINDOW		15 DAY CHALLENGE		SUBMIT TESTIMONIALS WINDOW		WINNERS ANNOUNCED
	START TIME 12:00 AM EST	END TIME 11:59 PM EST	START TIME 12:00 AM EST	END TIME 11:59 PM EST	START TIME 12:00 AM EST	END TIME 11:59 PM EST	START TIME 9:00 AM EST
	START DATE	END DATE	START DATE	END DATE	START DATE	END DATE	DATE
1	Oct 26	Nov 5	Oct 30	Nov 13	Nov 13	Nov 15	Nov 20
2	Nov 6	Nov 26	Nov 20	Dec 4	Dec 4	Dec 6	Dec 11
3	Nov 27	Dec 17	Dec 11	Dec 25	Dec 25	Dec 27	Jan 1
4	Dec 18	Jan 4	Jan 1	Jan 15	Jan 15	Jan 17	Jan 22
5	Jan 5	Jan 25	Jan 22	Feb 5	Feb 5	Feb 7	Feb 12
6	Jan 26	Feb 15	Feb 12	Feb 26	Feb 26	Feb 28	Mar 4
7	Feb 16	Mar 7	Mar 4	Mar 18	Mar 18	Mar 20	Mar 25
8	Mar 8	Mar 28	Mar 25	Apr 8	Apr 8	Apr 10	Apr 15
9	Mar 29	Apr 18	Apr 15	Apr 29	Apr 29	May 1	May 6
10	Apr 19	May 9	May 6	May 20	May 20	May 22	May 27
11	May 10	May 30	May 27	Jun 10	Jun 10	Jun 12	Jun 17
12	May 31	Jun 20	Jun 17	Jul 1	Jul 1	Jul 3	Jul 8
13	Jun 21	Jul 11	Jul 8	Jul 22	Jul 22	Jul 24	Jul 29
14	Jul 12	Aug 1	Jul 29	Aug 12	Aug 12	Aug 14	Aug 19
15	Aug 2	Aug 22	Aug 19	Sep 2	Sep 2	Sep 4	Sep 9
16	Aug 23	Sep 12	Sep 9	Sep 23	Sep 23	Sep 25	Sep 30
17	Sep 13	Oct 3	Sep 30	Oct 14	Oct 14	Oct 16	Oct 21
18	Oct 4	Oct 24	Oct 21	Nov 4	Nov 4	Nov 6	Nov 11
19	Oct 25	Nov 14	Nov 11	Nov 25	Nov 25	Nov 27	Dec 2
20	Nov 15	Dec 5	Dec 2	Dec 16	Dec 16	Dec 18	Dec 23
21	Dec 6	Dec 26	Dec 23	Jan 6	Jan 6	Jan 8	Jan 13

WINNERS ARE ANNOUNCED ON WAKE UP& WIN CALL INSTAGRAM LIVE.